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Job descriptions for Workers Providing Low Intensity Interventions

The National Improving Access to Psychological Therapies programme has identified two main types of worker. Those providing

- Low Intensity Interventions
- High Intensity Interventions

This document is specifically related to those providing low Intensity Interventions and there is a companion document relating to High Intensity Interventions.

It is acknowledged that there will be a variety of roles which will be required for those working with people who have low intensity needs. As a result of this it is anticipated that posts will vary from site to site depending on local circumstances and need.

In recognition of this a number of “clusters” of types of duties have been put together. Some posts may require the post holder to work in all of these areas whilst other post holders may only require a few. There are however a number of tasks which will be required by all and are described as “Core”.

The clusters which have been developed are

- Core – for all staff C1 – C 18
- Assessment and Intervention Planning A1 – A 8
- Cognitive and Behavioural Approaches and Interventions CB 1– CB 11
- Group Interventions G1 – G 7
- Work and Return to Work W 1 – W 6
- Record Keeping and Communication RKC 1 – RKC 10
- Personal and Professional Development PPD 1 – PPD 5
- Information Technology IT 1 – IT 3
- Medicines Management – M1 – M 9
- General Well Being GWB 1 - GWB 4
- Social Inclusion SI 1 – SI 7
- Occupation O1 – O4
- Supervision S1 S13
- Case Management CM 1 – CM 6
- Research Audit and Service Improvement RA 1 – RA 7
- Health and Safety H&S 1- H&S 4

Each of these clusters of duties have a number of items which the post holder may be required to carry out. These duties are described as far as possible in terms of competence thus the development of a competence based job description.

These are linked to the Knowledge and Skills Framework (KSF), Ten Essential Capabilities and the National Occupational Standards (NOS, Skills for Health)

The next task is to develop training associated to these clusters of duties.